

SHAMANIC



TANTRIKA
ARTS

EARTH PRIESTESS TRAINING

Facilitators Immersion

BALI

MODULE 1 & 2

Embody the Experience &
The Arts of Spaceholding



FACILITATOR'S IMMERSION FOR WOMEN IN SHAMANIC TANTRIKA ARTS

* By application only Oct 1-18th BALI

A in-depth immersion for women to deeply experience the healing, expansion and cultivation of lifeforce in a living shakti temple. Merging therapeutic, tantric, shamanic and taoist practices for effortless, ecstatic embodiment. Training in the arts of holding energetic, emotional and spiritual transformation for individuals and smaller group fields in the shamanic and tantric priestess arts.

In the Shamanic Arts we root our being into the core of connection with Earth and Spirit. Through emotional and energy clearing, elemental initiations such as waterfall vision quest, fireceremonies and Sweatlodge, combined with the ancestral wisdom of prayer, how to work with sacred land and subtle realms of the seen and unseen worlds. How to come wholly into body, wisdom and presence.

From this foundation we invite the Tantric and Taoist Arts of working with Sexual healing, Sensual Vitality cultivation, Womb healing, Yoni Egg practise and Tantric Alchemy. How to fully embody the orgasmic potential, divine pleasure relating and ecstatic life-force that moves you into creation and abundance of life.

ARE YOU READY TO EVOLVE, EMBODY AND SHARE YOUR ESSENCE?

A priestess is not a title, spiritual preacher or mysterious myth.

To priestess is a verb. It is an art of stepping into the purpose calling of your being, to be in service to the earth, to your family, to the people around you.

In the Earth Priestess Trainings we invite women to remember, reconnect and embody more of your wholeness in life. So whether you are working in the fields of spirituality/conscious evolution, personal development, corporate business, or multitasking mama, we ask you:

How can you bring your life, love and work to a deeper level?

To a deeper layer within yourself, and through the point where service to others becomes an inevitable part of your own evolution. To unveil the essence of your unique gifts, the ones gathered from your life already, and the ones that are revealing themselves in rhythm with your inner transformation.

So as you keep evolving into your essence, you simultaneously step into offer your highest form of service to the earth and all our relations.

Through the practices of working with shakti lifeforce energy, earth's elements and your unique gifts, we invite you into a natural way of tantric embodiment, feminine leadership and graceful spaceholding.

Curriculum Covers

Shamanic Arts

- Earth Priestess Medicine Wheel (the 7 directions & Spirit Guardian Animals)
- Shamanic Selfsourcing & Energy Cultivation
- Emotional & Energetic Multidimensional Clearingwork
 - Ancestral Wisdom & Fireceremony
- Wombvoice, indigenous chants and medicine drumming
- Sacred sites, sacred earth stewardship & prayer offerings
 - Silence & Darkness Initiation - Returning to the Void
 - Setting up sacred space, altars & fieldgridding
- Sacred Cycles, Moontime ceremonies & Wombreset practises
 - Selfcare Mayan Wombmassage
 - Sweatlodge/ Temazcal ceremony
- Nature Quest to Les Waterfall & the Earth Priestess Sanctuary
 - Sonic Alchemy Ceremony
- Shamanic Tantrika Arts Cacao Medicine Ceremony
 - Tantric Alchemy Shiva/Shakti Ritual



Tantrika Arts

- Ecstatic Elements in Womans Body
 - Sexual Energy Cultivation
- Sensual Vitality Qi Gong & Taoist Meditations
 - Shakti Temple Yoga w/ Mira Dakini
 - Yoni Egg practise & Taoist Breast massage
- Womans Multiorgasmic Body & the Return to Pleasure Wholeness
- Taoist Shakti Activation & the Microcosmic Orbit
- Grounding Touch & Tantrika Elements Massage
 - Tantrika Manifestation Arts & Sex Magic
- Anchoring Abundance & the Priestess Arts of Business in Service
 - Special Ceremonies & Initations



All curriculum is woven strongly together by Integration tools in how to integrate Shamanic Tantrika Arts in daily life, love and work.



MODULE 1&2

EMBODY YOUR ESSENCE & THE ARTS OF SPACEHOLDING

This journey is daily woven between your own journey where you fully participate and go deep into yourself, and the arts of stepping into holding space for others. Towards the end of the immersion you will have time and practise to hold space, and be held, in areas where you want to dive deeper. It will always be your choice what/ how much you want to hold space for. Many women come to this training solely for their own inner journey. Some come primarily to learn and expand their already existing service work. This is why we remember that your own inner transformation and your highest form of service are so intimately connected.

At the completion of “The Arts of Spaceholding” modules you will have received tools to hold space for:

1:1 Private Sessions of

- **Shakti Embodiment Series (5 essential practises for woman’s sensual vitality)**
 - Emotional/ energetic clearing sessions
- **Tantric Transfiguration & Embodiment healing session**
 - Taoist Shakti Activation session

- **Elements Initiations**

- **Smaller Women’s Circles of**

Womens Red Tent/ New Moon-Full Moon Circles

(Sharing, Embodiment practises, Healing touch)

- **Ecstatic Elements Breathing**

(Pulsate the elements of Earth, Water, Fire, Air & Light throughout the physical and energetic body of woman)

- **Shakti Embodiment Series**

(5 essential practises for woman’s sensual vitality)

- **Shakti Shaking**

(Earthshaking, Wombsounding, light Trauma Release, Ovarian Smile)

- **Sky-Earth Alignment**

(Aligning and strengthening energybody between the Earth & Sky, creating the self-sourcing pillar of light)

- **Pelvic Breathing**

(Sexual Vitality practise to enhance the flow of Qi in sexual organs)

- **Shakti Fountain**

(Selfsource orgasmic energy from the earth throughout the 3 taoist energycenters and overflow the auric field in the fountain of life force)

- **Earthing**

(Resourcing the woman’s energy body in harmony with the rhythm of the earth)

*** Note that for each type of sessions follows a specific embodiment & practise sessions requirement before you may add it to your offerings curriculum. You choose which areas you want to focus on.

For example, it is required that you practise the Embodiment Series daily for 1

mooncycle before sharing it, and it is required to offer 5 free practice sessions in Taoist Shakti Activation before you can give paid sessions in this modality. ***

TEMPLE SPACE & REGISTRATION

INTEGRATION DAYS - THE LIVING SHAKTI TEMPLE

The last 2-3 days of this training is mandatory integration days of a Living Shakti Temple. This is a space where there will be only one daily class (ex Like a Jade Egg Masterclass), & sharing circle. This is time for you to give each other 1:1 practise session, feedback and inspiration around how to move forward with your creative projects etc.

You will also have 1:1 feedback and support coaching with Anna Maria & Mira in this time.

If you wish to stay at Villa Boreh for longer, this is warmly recommended for your integration and creative process.
Please book directly with info@villaboreh.com

TEMPLESPACE

Villa Boreh Oceanside retreat & spa is nestled into luscious jungle nature right on the waving shores of Bali's Northern coast. It is located only 20min away from Anna Maria's home in Les Waterfall and the Earth Priestess Sanctuary where we journey for elements initiations and sweatlodge ceremony. See pictures at villaboreh.com or previous retreats and trainings photo albums at FB: Shamanic Tantrika Arts

REGISTRATION

ENERGY INVESTMENT 4400EUR

Early Bird until AUG 1st (limited spaces) 3900EUR

DEPOSIT 800EUR to hold your space.

Full Payment by Sep 1st

Tuition includes:

- 17 nights in shared double suite at Villa Boreh Beach Resort & Spa, Bali (contact us for single acc option)
- 17 days full board organic vegetarian breakfast, lunch & dinner
- All teachings, classes & curriculum

Not included:

- International airfare
- Transport to resort
- Insurance

Read more on Villa Boreh, villaboreh.com

- If you are coming from abroad, we highly recommend landing in Bali 1-3 days before the immersion starts.
 - Find good flights to Denpasar, Bali at skyscanner.com
 - When you have confirmed your arrival time, please let us know.
 - Bondalem is approximately 3hrs from Denpasar, 2hrs from Ubud.

*"It is the task of every woman that is awakening right now to establish a reverent relationship with herself,
to cut through all the self negating, false beliefs once and for all.*

*To throw all the pity seeking, illusory wounding out the window, to cease giving herself away to fit in and to be
accepted, and to instead devote herself to discovering the potent power that she holds.*

*It is her time to take that journey within, to take time to listen to her body, to listen to her intuition and her heart
and to live from that place...*

To bring forth what is inside out into the world.

When a woman is connected to her true nature,

*for the most part she feels whole and complete, alive, peaceful, joyous, grateful, inspired, creative, actively dynamic,
all embracing, expansive, beautiful, wise, truthful and sensual...*

These are all signs that she is in alignment with her feminine and integrated with her masculine.

Such a woman has the power to transform the world. "

- Caroline de Lisser -