



# Welcome Sister

# This is an invitation for YOU to a specific offering from my heart, in these potent times of CHANGE on Mother Earth

A Wombreset Journey is a self-initiating choice of conscious celebatic practise, for the purpose of purifying and resetting the womb and body of Woman back into her natural state of vital innosence, selfsourcing lifeforce and deep reconnection the vibrational rythms of the Earth.

These practises have always been used in numerous indigenous native traditions (often referred to as part of Rites of Passages for women at different stages in life) as well as the old Priestess Temple Arts mystery schools ~ by tantrikas, dakinis, yoginis, medicine women etc., in order to truly Self Source your energy and plug the Womb back in alive sensual connection and right relationship with Pacha Mama and all your relations.



In western society we grow up to believe that external validation and horizontal energysourcing is simply part of human life.

As girls and teenagers most of us never learnt how to really harmonize with our sexual energy, our Mooncycles or how to source our power and energy from the Earth, instead of trying to fill an empty hole from outside of ourselves.

How to fill our own cup of lifeforce from nature, through our Womb, Yoni and energybodies, and then take care of life, work and relationships from that place of overflow.

A traditional full Wombreset stretches over 13 complete Mooncycles, 1 Solar Year.

There are various options of focused shorter journeys, which is what we are diving into for the next 3 months

(with the option of extending your practise - you will then have all tools needed to continue on your own, or pick it back up in another phase of life)

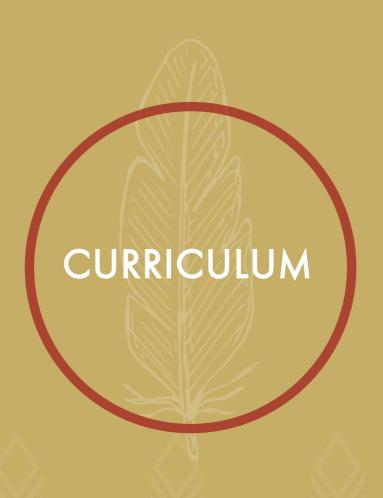
There are many ways to quest through a Wombreset.

Most importantly is the self-initiated Choice of no penetration by any external source for a number of mooncycles.

There are also specific practises, clearingwork & mooncycle ceremonies/rituals that will deeply support the process.

In this program, we have gathered some of the most fundamental and potent tools and practises from the 13month journey, and distilled it into a 3month accessible offering, to support Your journey back to wholeness, self love and empowered essence as a woman in service to the Earth.





## Some of the teachings we will journey through:

- Foundations of Self Sourcing
- Feminine Energycultivation in Life
- The Earth Shakti Embodiment Series
- Sun Earth Alignment, Shakti Overflow Fountain & Earthing
- Foundations of Clearingwork (Energetic/Astral, Emotional, Mental & Physical layering)
- Fireceremony ~ Clearing of old Lovers, Hooks & Attachments
- Dark/New Moon & Full Moon Ceremonial space
- The Sacred Blood & Cycles of Woman
- Selflove Womb & Shakti Channels Massage
- Subtle Energybodies of Woman
- Taoist Microcosmic Orbit & Kundalini Shakti Energy channels
- Moving Sexual Lifeforce ~ Sublimation, Circulation & Grounding Integration
- Elemental Woman Rebalancing ~ Being in Embodied Relation with the forces of Water, Wind, Fire, Earth & Spirit
- Earth Priestess: Woman walking in Service to the Earth

#### Finetuning Purpose

• **Bonus:** the Rose Lineage and Magdalene Legacy of Feminine Christ Consciousness

#### About

# Anna Maria Magdalena

(Ixquina Tonantzin)

Anna Maria has been walking the shamanic path of wombwisdom for over a decade. Immersing into the depths of native teachings with various indigenous grandmothers, deeply committing the red road paths of Moondance, Sundance & Vision Quest, alongside her deep initiations into the Taoist priestess arts and Tantric Therapeutic training, she brings potent medicine for women who are ready to step fully into their sacred bodies, divine power and purpose to serve the Earth.

Anna Maria founded the school of Shamanic Tantrika Arts and the Earth Priestess Arts Facilitators Trainings from her deep passion to rebridge the tantric worlds of right use of sexual lifeforce, with the shamanic traditions of ancestral wisdom and elemental ceremony. For the earth, future generations and all our relations

Read more on www.earthpriestessarts.com



# **FACILITATORS**

# EARTH PRIESTESS ARTS TEMPLE TEAM

Anna Maria Magdalena
Earth Priestess Arts

Mira Moonya Dakini

Shakti Yoga & Selflove Embodiment

# Robyn Lynn

Somatic Support, Sexual Integration therapy & Wisdom Bones

Jennifer Mya Polansky

Assisting Priestess, Technical support & Wombwisdom

# **GUEST TEACHERS**

Surprise! I have also circled up some of the most profound, powerful forces of love and wisdom I know on the planet, to Guest teach weekly sessions in this program for you.

These are some of my own elder sisters, teachers and priestess allies deeply authentic practioners in the shamanic, therapeutic and tantric field, that will all share with you specific teachings within their own practises and life experience.

### Leanne Edwards

Earthwalk Project, Shamanika

Selfsourcing, Collective Clearingwork & Birthing the
 New Earth

### Minke de Vos

Tao Alchemy Arts, Senior teacher Universal Healing Tao & Author of 'Feminine Treasures'

 Tao Tantric Arts for Women, the Microcosmic Orbit & Sexual Vitality Qi Gong

# Mary Fansea Littlebrave

Lakota Native American Church, Inner Alliance Embodying Wholeness

 Native American Moonwisdom, Sacred Cycles & Elemental ceremony

### Erika Tlazohtiani

Traditional Mexica Wisdom & Songkeeper

 Mexica Womb Wisdom, Voice of the Moonwoman & Sacred Drum

## Jemmita Inkarri

Anchoring the Light, Path of the Modern Day Priestess

Andean Despacho Ceremony, Ancient Future Priestess
 Arts & Sacred Purpose

### Rachel Rossitto

Temple of the Rose, Awaken the Feminine Spirit

 Tea Temple Ceremony, the Arts of Daily Ritual and Feminine Sensuality



# ENERGY EXCHANGE

In service to the global sisterhood and specific times we are in, we will offer this deep high value program for a majorly discounted rate of



330EUR /month



# 990EUR

total energy exchange

You are receiving more than 130hrs of Live teaching/practise/ceremony from myself and our global priestess guest teacher team

\* There will be a couple of scholarships/ further discounted spaces available for sisters who really need this work and don't have the financial capacity

# TIME COMMITMENT

We will gather on 2 Weekly Zoom circles for LIVE teachings, practise and ceremonial space around New/Full Moon.

The Weekly Calls will, in general, be 1.5-2hrs on TUESDAYS & FRIDAYS

(If changes are necessary due to New Moon/Full Moon alignments this will be announced well in advance)

Preliminary Time Schedule for classes:

TUESDAYS 7am PST / 4pm EU / 10pm BALI FRIDAYS 6am PST / 3pm EU / 9pm BALI

\*We will do our best to accommodate wide ranges of time zones - depending on how the final group of women are located across time zones these times might be subject to adjustments.



# COMMON QUESTIONS:

"What if my sexual energy feels suppressed?"

An important point of the Feminine path of temple arts is to Work with our sexual energy in a rightful way, never surpress it, but master the vastness and loving power of it in right relationship.

During the Womb reset program we ENCOURAGE you to self-pleasure and keep your Shakti flowing whenever your body is asking for it. It's a deeply important piece for woman to know herself and how to fulfill her own pleasure, as it is one of the most powerful gateways to conscious awakening, lifeforce cultivation and fuel for you walking in your deepest service and connection to the Earth.

# "Can I still do this if I'm in a partnership?"

Yes! If you are in a commitment, longterm partnership and still feel called to do this, there are ways to modify the program so that you can still take care of the intimacy of your relationship. You won't have any kind of genital penetration lovemaking during this period of time, but you can still share intentional moments of intimacy and sexual energy with your partner. During the program we share more about it. It can be deeply healing and expanding for the sexual relationship to go through a period of time of only sharing intentional, non-penetrative intimacy and lovemaking.

# • "Can I do this if I'm pregnant?"

Yes! This used to be part of powerful pre-conception and pre-birthing initiations. We will share specific modifications in certain practises to take care of you and your baby

 "I feel worried about money in these uncertain times can I have an extended payment plan?"

Yes, we can be flexible on the monthly payments when really needed. If you are capable, it's better energetically if you invest you energy into this fully as soon as possible. If impossible, please write us how your financial situation looks and we will do our best to find a way that works for you:)

"I'm not sure if this is the right time for me - will you offer this again?"

In some shape or form, Yes. However in this moment, I honestly can't promise I will offer this intensive format for this discounted rate again. It's very rare for me to have months without extensive travel and long periods of offline ceremonial work. So the global circumstances allows me to offer this right now. Of course I hope we can do it this way again!



# OPENING & REGISTRATION

We will OPEN this 3 month Inner Ceremony on NEW MOON MAY 22nd and close the circle by New Moon August 20th

Registration will close on May 17th, Introductions & Orientation will start on May 19th

Spaces are limited for this journey - please send us and email ASAP to

earthpriestessarts@gmail.com

to Apply and Register

I feel tremendously grateful that we have the space and time in this pivotal moment of planetary purification and evolution to do this work together. I know many of you have been called to make this journey and go deeper into these teachings for a while, and what better time than Now.



Thank you for all the work that you do sister, in the seen and unseen.

I am honored to be part of your journey of remembrance.

May we all walk in the embodiment of our essence, as women in loving service to the Earth and all beings.

AHO



